

Massage Therapy Now Available!

Jamie Baumhardt LMT, NMT

Rubin Family Chiropractic is happy to introduce our new massage therapist, Jamie Baumhardt! Jamie, a Wisconsin native, is a graduate of one of the nation's top massage schools, ASHA School of Massage. She is a Georgia licensed massage therapist and a member of the American Massage Therapy Association.

Jamie specializes in Neuromuscular Therapy, Clinical Sports Massage, and Therapeutic Swedish Massage with a certification in Spider Tech Kinesiology Taping. Other techniques she is experienced in include *myofascial release, muscle energy, and reflexology*. With a wide range of techniques, she is able to customize each massage session to specifically address individual body's needs. She believes in an integrated approach to healing the body and sees the importance of combining massage therapy with regular chiropractic care to achieve optimal health.



Jamie has experience working with athletes from around the world, covering international rugby tournaments as well as local athletes at Life University and the Atlanta Renegades. She is very passionate about enhancing the quality of life of all her patients through natural touch and correcting soft tissue imbalances that limits the body to perform at its optimum potential.

Jamie is very excited to be joining Rubin Family Chiropractic and is looking forward to meeting each of you. Come experience her healing hands by scheduling an appointment with her today.



Schedule your appointment today!

Gift Certificates are available and make great birthday, anniversary, or 'just because' gifts!